Trail info
- Length: 5.4 km
- Time: 2.5 h
- Difficulty: medium
- Small streams, creeks
- Bring: insect repellent, rubber boots, water

Caution
- Poisonous snakes
- High tides
- Lose soil

Historical/cultural sites:
A Former prisoners cattle grazing site
B Commercial deforestation activities in the 1950s

Climate change impacts
- Soil erosion and landslides
- High wave damage
- Coastal erosion
- Drought
- High wind action

Key Plants
- Mangrove (Rhizophora sp.)
- Black mangrove (Avicennia sp.)
- Cordon de mono (Cordia guianensis)
- Caña agro (Dillenia integrifolia)
- Curtadera (Acrocomia aculeata)
- Palms
- Maria Tree (Caesalpinia gilliesii)
- Lianas
- Eseca de monos (Uncinia sp.)
- Tachuela (Mecaphila sp.)
- Nispero (Manilkara salicifolia)
- Guayumo (Cecropia sp.)
- Zapatero (Mangifera indica)
- Amarillo (Terminalia catappa)

Animal Lookouts
- Black Howler Monkey
- Mona-Lisa New Monkey
- Black-capped Fruit Eating Owl
- Red-fronted Amazons
- Amazona aestiva
- Harpy Eagle
- Harpia harpyja
- Great Blue Heron
- E. araus Allied Heron
- White Ibis
- E. ibis Blancas
- Endemic algae